

Parenting Tips

1. Parenting

- Invest in a highly qualified nanny (and treat her well!)
- Be aware of what values are reflected in parental activities and behavior
- One night a weekend is family time
- Make a commitment to be a parent (David Goldberg: Home 6-8 p.m. every night)
- Learn about setting limits and raising resilient children

2. Limit children's screen time and your own

- No cell phones or media screens in bedroom
- Restrict access and set rules for social media engagement (both content and amount)
- Stay off media when you are with your children

3. Wealth

- Don't mislead children re: status
- Prepare your children for their financial future
- Teach sensible financial habits early on
- Respect the developmental need for individuation from family through their '20s
- Take disagreements over money outside the home

4. Be aware of child falling into the "Vortex" (Jay Hughes concept)

- Encourage children to follow their dream (not founder's dream)
- Resist molding children for future roles (college, philanthropy)
- Focus on internal strengths of child, not externals

5. Alcohol and drugs

- Be the "role model" for your children
- Limit own use to one or two days a week
- No overnights for adolescents
- Encourage time-intensive activities: sports, music, hobbies